



**Kaurna way of thinking**  
**MUKA MUKA (the Brain)**  
***Understanding of the 'twoness'***

Humans are physically, emotionally and spiritually intertwined with the land.

We are all born perfect, each of us has a unique place of connection to keep alive the songs and stories that belong.

We are all responsible to the wellbeing of our community. Having mutually reciprocal obligations. As you give, you receive. To seek, to achieve, excellence with humility, an ecologically, socially and culturally sustainable path for our future.

When we stop thinking 'Twice' and only proceed with an action when outcomes have not been considered, we find ourselves crying out for the spiritual side of life. We need to connect with the land, it's under our feet, we need to relearn, to sit, observe, listen and imitate – the responsibilities of reciprocity (mutual benefits).

You know you've come from the earth, and you know that if you look after it it will look after you.

Let us learn to dance with our differences in a reconciled community committed to nurturing the land, people and its spirit.

Through the Dreaming stories and rituals of reciprocity.

We can truly find twoness – Mai yungainjaudjega' – 'Come and sit with me, my friend'.