



Leadership Coaching

Leadership coaching enables leaders to work with real time challenges with a view to accelerated development, increase their effectiveness and improve performance in self and others.

The process of coaching is a series of structured sessions with a clear intended outcome which aims to increase awareness, builds on strengths and is action orientated.

Coaching is a confidential and thought provoking creative process that inspires and enables client to maximise their personal and professional potential.

When can coaching be used?

- Individuals moving into leadership positions for the first time.
- Individuals/Leaders dealing with the challenges of moving into new roles
- Individuals/Leaders at any level wanting to inspire, lead and work with their team in new and effective ways
- Individuals who may have career challenges or wanting to refocus their career path

Suggested Benefits of coaching?

- Improve effectiveness
- Opportunity to focus efforts and apply leadership skills in a specific way
- Improve engagement, relationships and culture
- Career transition and progression
- Resilience and wellbeing
- Increase self-esteem and confidence

Why coach?

- To embed leadership programs – coaching to integrate and embed leadership skills as part of daily workplace practice
- Coach mentoring for the development of internal and external coaches and leaders as coach
- Transition coaching – helping leaders to transition in a new role, organisation or new career path
- Leadership development – supporting leaders to identify critical and desired changes to be more effective and agile and meet today's changing needs.
- Profiling tools to enhance self awareness, learning and developmental growth. We use a range of profiling tools such as The Leadership Circle, MBTI, LSI or working with your existing ones.

At the heart of it coaching is a partnering in a creative and thought-provoking process that supports individuals to confidently pursue new ideas and alternative solutions with greater resilience in the face of growing complexity and uncertainty.

Within this partnership our approach is strength based, action orientated with reflective based learning. Our methodology is awareness and developmental that's feedback rich.

Coach Studio coaches are credentialed to an international professional standard and abide by the International Coach Federation code of ethics, therefore assuring our clients of integrity of an achieved international standard of coaching practice.

The International Coach Federation (ICF) website provides research data. Follow this link for more information:

<https://www.coachfederation.org/need/landing.cfm?ItemNumber=747>

Pricing

Contact us so we can provide flexible pricing for individuals, groups or package together with other options specific to your needs.

Contact Us

For information on how we can get the right fit for you



hello@coachstudio.com.au



0413 805 604